$\qquad$
Date: $\qquad$

## SCI 10 Converting Units

Block: $\qquad$

1) $35 \mathrm{sec}=$ $\qquad$ min
2) $20 \mathrm{~cm}=$ $\qquad$ m
3) $40 \mathrm{~min}=$ $\qquad$ sec
4) $130000 \mathrm{~cm}=$ $\qquad$ km
5) $2.3 \mathrm{~h}=$ $\qquad$ min
6) $3000 \mathrm{~m}=$ $\qquad$ miles
7) $13 \mathrm{~min}=$ $\qquad$ h
8) 25 miles $=$ $\qquad$ km
9) $2500 \mathrm{sec}=$ $\qquad$ h
10) $106 \mathrm{~km}=$ $\qquad$ m
11) $13 \mathrm{~m}=$ $\qquad$ cm
12) 2.3 miles $=$ $\qquad$ m
13) $35 \mathrm{~km}=$ $\qquad$ miles
14) $1500 \mathrm{~m}=$ $\qquad$ km
15) $120 \mathrm{~km} / \mathrm{h}=$ $\qquad$ m/s
16) $30 \mathrm{~m} / \mathrm{s}=$ $\qquad$ km/h
17) $45 \mathrm{~km} / \mathrm{h}=$ $\qquad$ mph
18) $80 \mathrm{mph}=$ $\qquad$ km/h
19) $34 \mathrm{~m} / \mathrm{s}=$ mph
20) $43 \mathrm{mph}=$ $\qquad$ $\mathrm{m} / \mathrm{s}$
$\qquad$
Date: $\qquad$

## Types of Energy

Block: $\qquad$

1) Identify the transformation of energy using thermal, mechanical, electrical, magnetic, sound, light, chemical, elastic, nuclear or gravitational.
a) Windmill

e) Car

b) Flashlight

c) Riding a bicycle

g) Hot air balloon

d) Electric guitar

h) Campfire

2) Give an example for each energy transformation. (Do not use the examples from the previous page.)
a) Electrical to Thermal
b) Chemical to Mechanical
c) Light to Chemical
3) Give a brief description of the energy transformation in each type of power generator. Solar:

Wind:

## Geothermal:

Tidal:

Hydroelectric:
$\qquad$
Determine whether the objects in the following problems have kinetic or potential energy. Then make a list of your variables and which one you are trying to find. Convert any to SI units if needed.

$$
\begin{gathered}
\mathbf{K E}=1 / 2 \mathrm{~m} \mathrm{v}^{2} \\
\mathbf{P E}=\text { mass } \times \text { gravitational acceleration }\left(9.8 \mathrm{~m} / \mathrm{s}^{2}\right) \times \text { height }
\end{gathered}
$$

## SI Units

Energy= joules
Height = meters
Mass= kilograms
Velocity $=\mathrm{m} / \mathrm{s}$
Gravitational acceleration $=\left(9.8 \mathrm{~m} / \mathrm{s}^{2}\right)$

1. You serve a volleyball with a mass of 2.1 kg . The ball leaves your hand with a speed of $30 \mathrm{~m} / \mathrm{s}$. The ball has
$\qquad$ energy.
2. A baby carriage is sitting at the top of a hill that is 21 m high. The carriage with the baby has a mass of 12 kg . The carriage has $\qquad$ energy.
3. A car is traveling with a velocity of $40 \mathrm{~m} / \mathrm{s}$ and has a mass of 1120 kg . The car has $\qquad$ energy.
4. A cinder block is sitting on a platform 20 m high. It weighs 79 lbs . The block has $\qquad$ energy.
5. There is a bell at the top of a tower that is 0.45 km high. The bell has a mass of 19000 g . The bell has
$\qquad$ energy.
6. A roller coaster is at the top of a 72 m hill with 350 J of energy. The coaster (at this moment) has _ energy.
7. What is the $\qquad$ energy of a 3-kilogram ball that is rolling at 2 meters per second?
8. Two objects were lifted by a machine. One object had a mass of 2 kilograms, and was lifted at a speed of $2 \mathrm{~m} / \mathrm{sec}$. The other had a mass of 4 kilograms and was lifted at a rate of $3 \mathrm{~m} / \mathrm{sec}$.
